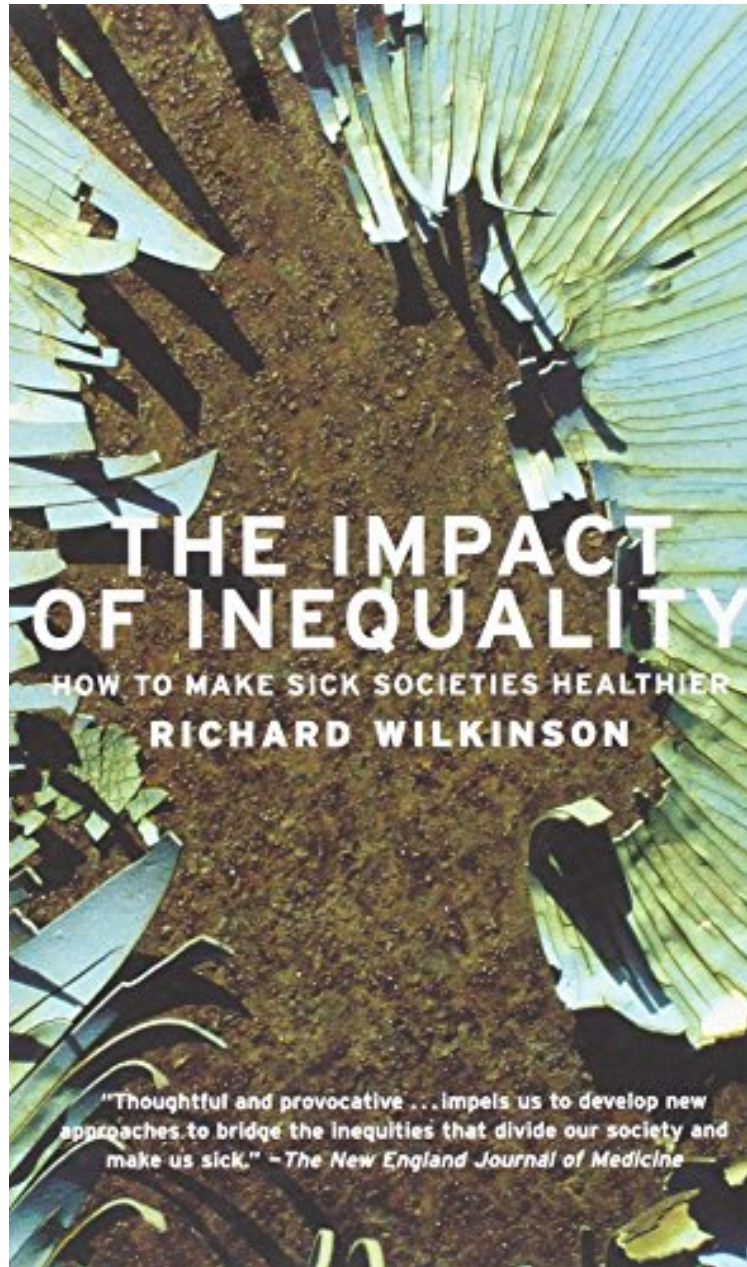


(Download) The Impact of Inequality: How to Make Sick Societies Healthier

The Impact of Inequality: How to Make Sick Societies Healthier

Richard G. Wilkinson

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If you are troubled by the political impasse in the United States and the very imperfect functioning of our economic system, and if the questions that Tony Judt raised in "Ill Fares the Nation" resonate with you, you should read this book, which goes deeply into causes of what is ailing us, and also squarely and realistically raises potential remedies.
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It is a great follow-on to the wide-spread concern about growing income and capital inequality. It shows how it impacts so many aspect of our society like mortality, health, violence, friendships, participation in community activities, etc. The more up to date book by Wilkinson and Pickett is the "Spirit Level"
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Comparing the United States with other market democracies and one state with another, this book offers irrefutable evidence that unequal societies create poor health, more social conflict, and more violence. Richard Wilkinson, a pioneering social scientist, addresses the growing feeling—so common in the United States—that modern societies, despite their material success, are social failures. *The Impact of Inequality* explains why inequality has such devastating effects on the quality and length of our lives. Wilkinson shows that inequality leads to stress, stress creates sickness on the individual and mass level, and overall society suffers widespread unhappiness and high levels of violence, depression, and mistrust across the social spectrum. The evidence he presents is incontrovertible: social and political equality are essential to improve life for everyone. Wilkinson argues that even small reductions in inequality can make an important difference—for, as this book explains, social relations are always built on material foundations.

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