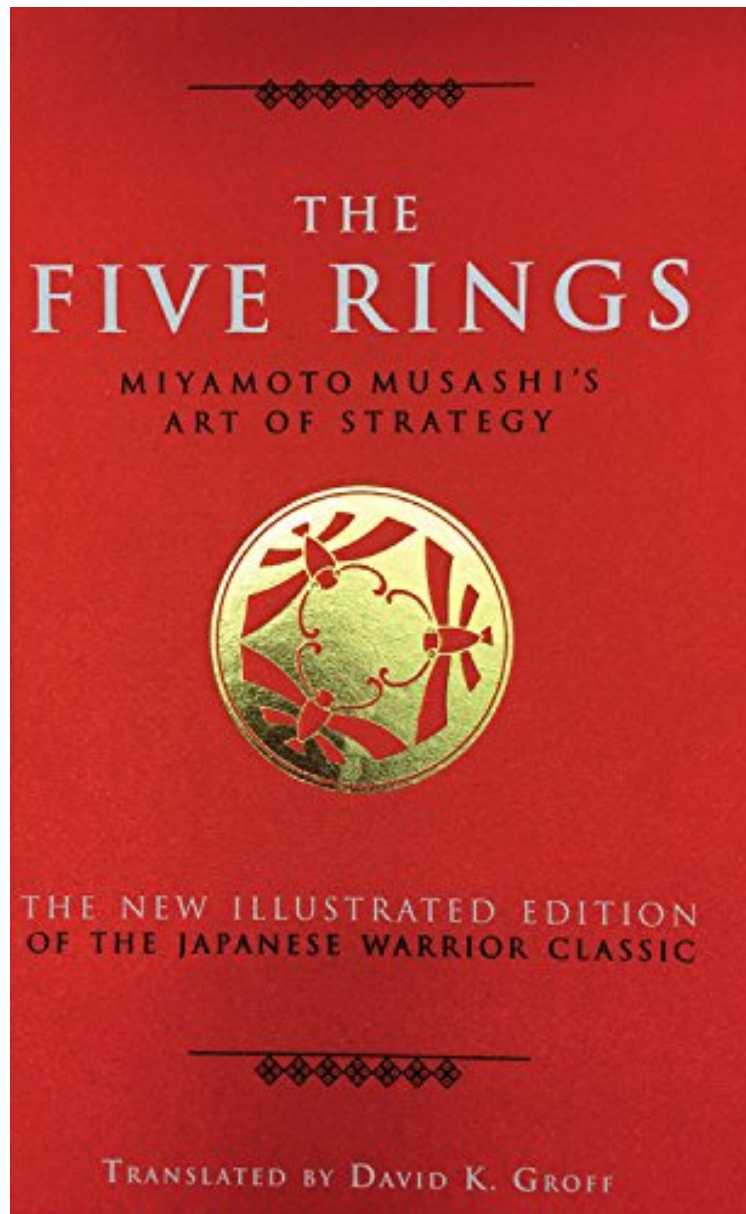


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The Five Rings: Miyamoto Musashi's Art of Strategy

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Written by the legendary swordsman Musashi Miyamoto, *The Five Rings* (c.1645) is more than just a manual on sword-fighting techniques: its Zen philosophy offers tactics and strategies as relevant to personal success today as they were to 17th-century samurai. *The Five Rings* speaks to every age about the essential roles of harmony and self-mastery in our lives. Of the many translations of *The Five Rings*, David K. Groff's translation background as a long-time resident of Japan, native-level fluency of Japanese, and an accomplished martial arts study means that he is uniquely suited for translating Musashi Miyamoto's message. This message offers an engaging teaching to those who are involved with martial arts, military strategy, corporate hierarchy, and all who seek a model for personal development in a straight-forward and unpretentious way. In addition to *The Five Rings*, this beautiful volume includes two additional short texts by Miyamoto: *Thirty-Five Articles on Strategy* and *The Path Walked Alone*.