

# Strength Testing in the Air Force: Current Processes and Suggestions for Improvements

*Carra S. Sims, Chaitra M. Hardison, Maria C. Lytell, Abby Robyn, Eunice C. Wong*

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Research Report

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Current Processes and Suggestions for  
Improvements

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**Carra S. Sims, Chaitra M. Hardison, Maria C. Lytell, Abby Robyn, Eunice C. Wong : Strength Testing in the Air Force: Current Processes and Suggestions for Improvements** before purchasing it in order to gage whether or not it would be worth my time, and all praised Strength Testing in the Air Force: Current Processes and Suggestions for Improvements:

Since 1987, the Air Force has used the Strength Aptitude Test (SAT), a test of physical strength, to screen and classify enlisted personnel into career specialties. In this study, RAND evaluated the usefulness, validity, and fairness of the SAT, focusing on implementation of the SAT at military entrance processing stations and the process for setting

strength requirements for career fields.