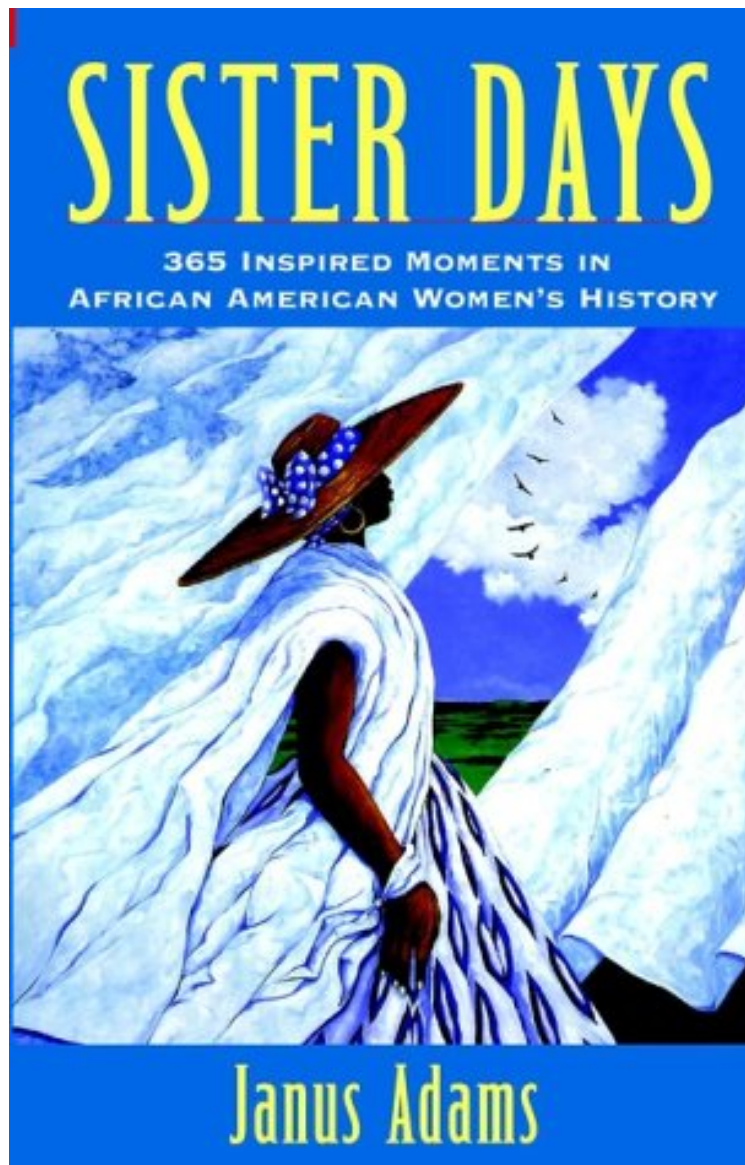


(Ebook pdf) Sister Days: 365 Inspired Moments in African-American Women's History

Sister Days: 365 Inspired Moments in African-American Women's History

Janus Adams

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Janus Adams : Sister Days: 365 Inspired Moments in African-American Women's History before purchasing it in order to gauge whether or not it would be worth my time, and all praised Sister Days: 365 Inspired Moments in African-American Women's History:

1 of 1 people found the following review helpful. Not totally what I expected By Lady KI enjoy reading the

information in here but it wasn't what I expected. I was hoping for inspiring stories but this was a few random articles from various times in black women's history. 1 of 1 people found the following review helpful. Sister Days is a good resource book By N.J. Sims Sister Days is a good resource book. I purchased several to share with friends. They in turn purchased several to share with their friends. 0 of 0 people found the following review helpful. Reads like The Daily Bread... By A. Fawbush This book had been on my wishlist for the past year and last week I received it as a birthday gift. The introduction was flawlessly entertaining, but as I continued reading, it was clear my expectations weren't in sync with the content delivered. I had hoped for a book I could get into over a quiet weekend in, stories that spread out over multiple pages but that were sectioned off enough where you could skip around and not have to read in a particular order. I got that in parts. I likened the experience to reading The Daily Bread -- which isn't a bad thing if that's all you want out of it. The stories are short (regulated to one page) and palatable for readers, but they don't really stick with you. I have tried re-approaching it as a daily tool, but I just feel dissatisfied.

Stories from the Amazing journey of African American Women "Whether read as history or practical inspiration, the stories of bravery, intelligence, and fortitude revealed . . . give a unique road map to rediscovering sister power." -The New American "A collection of . . . moving stories that celebrate the lives of black women who have overcome the many obstacles in their paths to pursue their dreams." -African Sun Times Now in paperback, Sister Days offers you a daily invitation to share in the life-affirming legacy of African American women. Here are 365 uplifting meditations on courage, daring, and resistance that bring us valuable reminders of how real women in real times—from Harriet Tubman to aviator Bessie Coleman to Wild West legend "Stagecoach Mary" to world-renowned writer Maya Angelou—created a better way of life for themselves and a better world for others. In reading their stories, we ensure that these women live on—as shining beacons to light our own quests for happier, more fulfilled lives.

.com Sweet, inspiring, and lovingly well researched, Janus Adams's Sister Days takes a meditative, sister-a-day journey through a year's worth of strong, wise, and capable African American women, from the famous to the obscure, from the dynamic to those who just quietly kept on. As she sagely reminds us, "as half the world, women had been no less than half the struggle, no less than half the story, and sometimes a lot more." In affectionately told and poignant anecdotes, these sisters get their due, in a reverent celebration of "their power, their strength, their pain, their ways, and their better days." --Paul Hughes From the Inside Flap Sister Days Throughout history, African American women have tapped hidden sources of strength and inspiration to conquer impossible odds. We have persevered through dangerous times. We have nurtured families, loved knowledge, and pursued dreams as various and different as the women who dreamed them. Along the way, we have forged new identities, fought for human rights, and made history. Now Janus Adams offers you a daily invitation to share in this life-affirming legacy. In these pages, you will discover famous and unsung sisters who have contributed to our strength. Each has a new story to tell, and each day is a new opportunity to appreciate their precious gifts of motivation and compassion. Here are 365 uplifting meditations on courage, daring, and resistance that bring us valuable reminders of how real women in real times—from Harriet Tubman, to aviator Bessie Coleman, to Wild West legend "Stagecoach Mary," to world-renowned writer Maya Angelou—created a better way of life for themselves and a better world for others. In reading their stories, we ensure that these women live on—as shining beacons to light our own quests for happier, more fulfilled lives. From the Back Cover Throughout history, African American women have tapped hidden sources of strength and inspiration to conquer impossible odds. We have persevered through dangerous times. We have nurtured families, loved knowledge, and pursued dreams as various and different as the women who dreamed them. Along the way, we have forged new identities, fought for human rights, and made history. Now Janus Adams offers you a daily invitation to share in this life-affirming legacy. In these pages, you will discover famous and unsung sisters who have contributed to our strength. Each has a new story to tell, and each day is a new opportunity to appreciate their precious gifts of motivation and compassion. Here are 365 uplifting meditations on courage, daring, and resistance that bring us valuable reminders of how real women in real times—from Harriet Tubman, to aviator Bessie Coleman, to Wild West legend "Stagecoach Mary," to world-renowned writer Maya Angelou—created a better way of life for themselves and a better world for others. In reading their stories, we ensure that these women live on—as shining beacons to light our own quests for happier, more fulfilled lives. Glory Days" Each of the 365 days of the year chronicles the triumph of the African-American spirit. These powerful and precious moments in Black history should inspire all people." -Dr. Johnnetta B. Cole former president of Spelman College, Anthropologist, and author, Freedom Days "A book to be handed down just like a family Bible—to be read by family member after family member, generation after generation." - Hattie Winston actress, founding member of the Negro Ensemble Company "I've added Freedom Days to my morning ritual of inspirational reading." -Fort Worth Star-Telegram "Adams's inventiveness and keen imagination are remarkable. . . . There is no way one can put this book down, once having started searching for personal connections to 'our' days and months." -Carol Taylor New York City Sun