

[PDF] Secret Tactics: Lessons from the Great Masters of Martial Arts

## Secret Tactics: Lessons from the Great Masters of Martial Arts

*Kazumi Tabata*

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**Kazumi Tabata : Secret Tactics: Lessons from the Great Masters of Martial Arts** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Secret Tactics: Lessons from the Great Masters of Martial Arts:

0 of 0 people found the following review helpful. Highly recommended read for the modern warrior. By bushidokop This is one of my top 10 favorite books of all time. I highly recommend this book for any student of modern day warrior skills, especially those interested in Eastern philosophy, Buddhism, Zen, Bushido, Miyamoto

Musashi, and the Japanese samurai. This book doesn't go into actual techniques (such as specific defensive tactic drills) but gets more into the philosophical aspect and developing the proper state of mind of a warrior. The mental mindset of being a warrior is just as important as knowing combat skills. A dull mind makes for weak technique and lack of focus, a sharp mind is a calm mind in the midst of battle. Kazumi Tabata wrote on the back of the dust jacket, "Create solid ground on which the mind can rest. Elevate your courage, Eliminate all your fears and delusions, Discover your attacker's real intentions, and Think of your opponent as a handful of dust... If this is done, victory is in one's hands." 0 of 0 people found the following review helpful. Five Stars By Sandy Hernandez Good book 0 of 1 people found the following review helpful. Four Stars By Anjani Great book!

This invaluable martial arts philosophy handbook presents ancient wisdom for contemporary readers. *Secret Tactics* contains brilliant new interpretations of fundamental works of strategy and martial arts tactics by Miyamoto Musashi, Gichin Funakoshi, Yamamoto Tsunetomo, and various martial arts tomes. It distills the important teachings on leadership, character and values found in those books. Readers will unlock the secrets of their art and of themselves. These and a dozen other essays on strategy, combat tactics, psychology, leadership, good character, and the exercise of power, make *Secret Tactics* an indispensable resource for students of Asian culture, martial artists, and corporate executives.

"The knowledge inherited from the long history of Asia is compiled in this book as a collection of thoughts. This is an extremely unique book in that it expresses the form and shape of the fighting psyche and spirit through martial arts. I have never before encountered such a finely distilled book. While perusing this book, I felt I could almost touch the core of life." —Keiichi Hasumi, VP and General Secretary, Japan Karatedo Federation "The 160 pages of this book published by Tuttle Publishing contain a lot of sound advice and wisdom." —Herald-Star About the Author Kazumi Tabata is a Grandmaster (8th degree black belt) in the Shotokan style of Japanese karate. He established and is the Chief Instructor of the North American Karate Federation and the New England Collegiate Karate Conference. He has trained karate clubs in Europe, Africa, and Bermuda. He's the author of several books, including *Mind Power* and *Warrior Wisdom*.