

[Mobile ebook] Overcoming Unintentional Racism in Counseling and Therapy: A Practitioner's Guide to Intentional Intervention (Multicultural Aspects of Counseling And Psychotherapy)

# Overcoming Unintentional Racism in Counseling and Therapy: A Practitioner's Guide to Intentional Intervention (Multicultural Aspects of Counseling And Psychotherapy)

Charles R. Ridley

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## Overcoming Unintentional Racism in Counseling and Therapy

A Practitioner's Guide to Intentional Intervention

SECOND EDITION



Charles R. Ridley

Multicultural Aspects of Counseling and Psychotherapy Series 5



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#522520 in Books Sage Pubns 2005-03-16Ingredients: Example IngredientsOriginal language:EnglishPDF #1 9.00 x .65 x 6.00l, .85 #File Name: 0761919821288 pages | File size: 42.Mb

Charles R. Ridley : Overcoming Unintentional Racism in Counseling and Therapy: A Practitioner's Guide to Intentional Intervention (Multicultural Aspects of Counseling And Psychotherapy) before purchasing it in order to gage whether or not it would be worth my time, and all praised Overcoming Unintentional Racism in Counseling

and Therapy: A Practitioner's Guide to Intentional Intervention (Multicultural Aspects of Counseling And Psychotherapy):

8 of 8 people found the following review helpful. Helpful but...By Barb Lieberman, AuthorRidley does an excellent job of opening up issues regarding cultural competency in the mental health services professions. However, while the examples given do illustrate the problems as they currently exist, I found several of the "how to" examples of interaction rather condescending. Still, overall, the book is a great entry into just how and why the mental health field has not served our culturally-diverse populations in the past and how to better serve them in the future.0 of 0 people found the following review helpful. Four StarsBy CustomerVery easy read. Good examples that provide a clear understanding0 of 0 people found the following review helpful. Five StarsBy Herbert A. Perkins, PhDExcellent text. More advanced. Very useful for professional.

Overcoming Unintentional Racism in Counseling and Therapy, Second Edition examines the dynamics and effects of racism in counseling with an emphasis on the insidiousness of unintentional racism.. The Second Edition provides a new section on the policies and practices of agencies and other institutions in the mental health system unintentionally resulting in service disparities. Macro-system and micro-system interventions are proposed to overcome these disparities.

"Taking an action-oriented approach, [Ridley] challenges counselors 'to examine the relationship between their behavior toward minority groups and the consequences of that behavior'... Many of his case study vignettes are helpful." -- Patricia M. Berliner "PsycCRITIQUES" (07/20/2005)"This book is both powerful and sobering. It would serve as an excellent textbook for multicultural counseling classes. It could also be a resource for counselors who are critically examining their therapeutic work with minority clients or for institutions evaluating the services provided to these clients. Numerous examples throughout the book illustrate Ridley's points and help the text to come alive. This book and its message will be needed as long as minority clients have negative experiences in counseling due to counselors' unintentional racism." "Taking an action-oriented approach, [Ridley] challenges counselors 'to examine the relationship between their behavior toward minority groups and the consequences of that behavior'... Many of his case study vignettes are helpful."--Patricia M. Berliner"PsycCRITIQUES" (07/20/2005)"This book is both powerful and sobering. It would serve as an excellent textbook for multicultural counseling classes. It could also be a resource for counselors who are critically examining their therapeutic work with minority clients or for institutions evaluating the services provided to these clients. Numerous examples throughout the book illustrate Ridley's points and help the text to come alive. This book and its message will be needed as long as minority clients have negative experiences in counseling due to counselors' unintentional racism."--Kimberly Wagner"Counseling Today" (09/30/2005)"Taking an action-oriented approach, [Ridley] challenges counselors 'to examine the relationship between their behavior toward minority groups and the consequences of that behavior'... Many of his case study vignettes are helpful."--Patricia M. Berliner"PsycCRITIQUES" (07/20/2005)"This book is both powerful and sobering. It would serve as an excellent textbook for multicultural counseling classes. It could also be a resource for counselors who are critically examining their therapeutic work with minority clients or for institutions evaluating the services provided to these clients. Numerous examples throughout the book illustrate Ridley's points and help the text to come alive. This book and its message will be needed as long as minority clients have negative experiences in counseling due to counselors' unintentional racism."--Kimberly Wagner"Counseling Today" (09/30/2005)-Taking an action-oriented approach, [Ridley] challenges counselors 'to examine the relationship between their behavior toward minority groups and the consequences of that behavior'... Many of his case study vignettes are helpful.---Patricia M. Berliner-PsycCRITIQUES- (07/20/2005)-This book is both powerful and sobering. It would serve as an excellent textbook for multicultural counseling classes. It could also be a resource for counselors who are critically examining their therapeutic work with minority clients or for institutions evaluating the services provided to these clients. Numerous examples throughout the book illustrate Ridley's points and help the text to come alive. This book and its message will be needed as long as minority clients have negative experiences in counseling due to counselors' unintentional racism.---Kimberly Wagner-Counseling Today- (09/30/2005) "Taking an action-oriented approach, [Ridley] challenges counselors 'to examine the relationship between their behavior toward minority groups and the consequences of that behavior'... Many of his case study vignettes are helpful." (Patricia M. Berliner PsycCRITIQUES 2005-07-20)"This book is both powerful and sobering. It would serve as an excellent textbook for multicultural counseling classes. It could also be a resource for counselors who are critically examining their therapeutic work with minority clients or for institutions evaluating the services provided to these clients. Numerous examples throughout the book illustrate Ridley's points and help the text to come alive. This book and its message will be needed as long as minority clients have negative experiences in counseling due to counselors' unintentional racism." (Kimberly Wagner Counseling Today 2005-09-30)